



Course title:

Latin American dance for beginners

Date: 2 October – 11 December (not 30 October)

Time: 6pm – 7:30pm

Number of Sessions: 10

Fee – full: £65

Fee – concession: £35

Tutor: Maggie Munoz

Summary Description: Get on your feet and have a go at this fun, energetic and exciting dance style. Improve your health, fitness and well-being. For adults interested in learning the basic skills, this informal course led by an experienced dance facilitator requires no specialist clothing or footwear.

Detailed Description: Enjoy Latin dance in its many forms and explore some of its more skilled aspects in styles such as salsa, merengue, cha cha cha, cumbia and reggaeton. This course is aimed at those with some experience of Latin American dance.

Objectives/Outcomes:

Improve body movements through Latin music and knowledge about Latin culture